**International Conference** 

Belgrade June 5<sup>th</sup> - 8<sup>th</sup> 2014

# 'Learning through Experience' about Inclusion /Exclusion Phenomena in and between Traditions of Bion, Foulkes and Main



Conference Staff:

# Bob Hinshelwood, Carla Penna, Earl Hopper, Dieter Nitzgen, Hanni Biran, Ivanka Dunjić, Malcolm Pines, Luca Mingarelli, Marina Mojović, and Tija Despotović

Organized by:



Group Analytic Society-Belgrade Psycho-Social Section



Consulting-Art Belgrade and Psycho-Social-Art Belgrade

### About the Conference

**Inclusion / exclusion phenomena** are universal and fundamental in human groupings: in families, formal and informal social units, even in our psychoanalytic professional fields. Traumatic and other disruptive psycho-social processes decrease our capacity to cope with them in goodenough ways. '*Learning through experience*' in psychoanalytic group settings might take us closer to contact with painful feelings and thoughts in ourselves and in others and improve our understanding. However, within these professional fields, paradoxically or not, we again encounter obstacles rooted in the very phenomena itself, diminishing the creative potential.

#### Background

A number of international conferences organized by the Psycho-Social Section of the Group Analytic Society-Belgrade have offered space for dialogue about and between different cultures of psychoanalytic group work for exploring psycho-social processes. During the founding of the Section, Malcolm Pines with his well-known encouragement of continuous dialogues between group-analytic and other group-as-a-whole approaches, being the initial founding-consultant helped us since the very beginning to make links also to consultants from other approaches such as David Armstrong from the Tavistock Clinic and Marlene Spero from the 'Bridger's school'. The international project on Social Unconscious created by Earl Hopper and Haim Weinberg, itself being appreciative and inclusive for a variety, and complexity of thinking traditions, very much influenced the development of the Section as well. We hope with colleagues interested in the field to continue co-creating the identity of this explorative space and co-discovering the richness of meaning in the multi-dimensionality and complexity of the psycho-social sphere.

All three approaches – the group analytic, the group relations, and the therapeutic community approach – have their formative roots in the WWII Northfield Army Hospital - therefore many similarities, including:

the use of groups and conferences as a space for research, so that the core method is *'learning through experience'* in groups,

the significance of the foreground/background gestalt concepts, the 'group-as-a-whole', which focuses interest on influences of the larger systems/context on the group dynamics and vice versa.

However, there are also many divergences, which still bear traces from the tensions at Northfield between these cultures and their founders. The persisting lack of communication has led to a disregard of those differences, and has obstructed debate between the followers of these approaches and their organizations.

Do the different approaches represent different aspects of our professional fields? May we learn about how to hold together the differing dimensions? Are they necessary for us and for our professional organizations that seek to **exclude 'otherness'**? Are we able to look at the whole field, and the bigger picture in relation to wider socio-cultural environment? How may we keep dialogue aflame in spite of old and new forms of attacks on linking in our reflective/creative spaces, attacks that come from within as well as from outside?

We believe that it is in the spirit of all these approaches to establish experiential research of this kind where we may learn about ourselves and our ideas at the same time.

This conference is conceptualized as a form of action research into the possibilities that the three traditions of Bion, Foulkes and Main can engage together to mutual benefit. These

traditions have flourished within the fields of Group Relation, Group Analytic Practice, and Therapeutic Communities. Does the split between Group Analysis and Group Relations **impoverish** both of them? Did the Therapeutic Community/and Bridger's transitional model take a **mediating** position after Northfield, and what is its position today?

#### Aims

We aim to make this Conference an **investigation** of some of these questions, using the experiences of members who attend. We intend this to be **joint research** conducted together by staff and members. At this stage, we anticipate that the **major topics** of our research will focus on:

- 1. Inclusion/exclusion phenomena from various perspectives;
- 2. Conceptualization and styles of leadership;
- 3. Approaches to tasks;
- 4. **Bridging** between the traditions: May transplantation of aspects from one to the other model be possible without blurring/destroying their basic values and core identity

We anticipate that dynamics or exclusion and inclusion will occur amongst the members. And we further anticipate that such dynamics will dramatize the exclusion and inclusion dynamics of the different conceptualizations.

However, in the course of this experiential investigation, we expect members to confront questions such as: Are attempts to partially integrate the models disrespectful of their boundaries and identity? Do we need the 'us' and 'them' identities they give us? Do we dare to disturb the order that has over the years been established between these paradigms? Is it possible to learn from each other by more open and direct communication? How have inclusion/exclusion phenomena been a part of these three traditions? What do different models include/exclude? We will compare similarities and differences in these issues.

#### Conference dates and program:

From Thursday afternoon, June 5th to lunchtime on Sunday, June 8th.

The research is planned to be done jointly the staff and participants through sessions of keynote presentations, panels with round table/fishbowl discussions, reflective and experiential small/median groups, perhaps inter-group events, large group-analytic groups, opening and closing events.



### About conference staff

**Hinshelwood R.D.** is professor in the Centre for Psychoanalytic Studies, University of Essex, and previously as Consultant Psychotherapist in the NHS for 20 years, and then Clinical Director, The Cassel Hospital, London. He is a Fellow of the British Psychoanalytical Society, and a Fellow of the Royal College of Psychiatrists. He authored *A Dictionary of Kleinian Thought* (1989) and other books and articles on Kleinian psychoanalysis. *Observing Organizations* (2000) was edited with Wilhelm Skogstad and applies psychoanalytic observation to social science. He wrote What happens in Groups, in 1987, and his Foulkes lecture in 1998 was "How Foulkesian was Bion?" (published

1999). In March 2013 his Research on the Couch: Single Case Studies, Subjectivity and Psychoanalytic Knowledge is published by Routledge.



**Marina Mojović** MA, MD, psychiatrist, psychoanalytic psychotherapist, group analyst, organizational consultant in Serbia. She is a full member of the Group Analytic Society International, of the International Association for Group Psychotherapy and Group Processes, of the European Society of Psychoanalytic Psychotherapy, the International Society for Psychoanalytic Studies of Organizations, and the Organization for Promoting Understanding of Society. In Group Analytic Society-Belgrade she is a training group analyst, supervisor and the founder of its Section and Training in *'Psychoanalytic and Group Analytic Approach to Understanding Institutions, Organizations and Society'*. She

develops the Serbian Reflective Citizens Project, and other projects of exploring the Social Unconscious in Serbia and abroad.



**Carla Penna, PhD**, is a psychoanalyst and group analyst in Rio de Janeiro, Brazil. Member of Psychoanalytic Circle of Rio de Janeiro, affiliated to International Federations of Psychoanalytic Societies and full member of Group Analytic Society International. She is past president of Brazilian Association of Group Psychotherapy, and past president of Group Analytic Psychotherapy Society of the State of Rio de Janeiro. She works in private practice and is a visiting professor of Medical Psychology at the University of the State of Rio de Janeiro. She is publishing in Portuguese the book Large Groups and Social Unconscious.



**Earl Hopper, PhD,** is a psychoanalyst, group analyst and organizational consultant in private practice in London. He is a Fellow of the British Psychoanalytical Society, a member of The Institute of Group Analysis, a full member of the Group Analytic Society International and a Fellow of the American Group Psychotherapy Association. He is also a supervisor and training analyst for The Institute of Group Analysis, the British Association of Psychotherapist and London Center for Psychotherapy. An honorary tutor at The Tavistock and Portman NHS Trust, and a member of the Faculty of the Post-Doctoral Program at the Adelphi University, New York. He is a Former President of the International Association for Group Psychotherapy and Group Processes (IAGP), and a former Chairman of the Association of Independent

Psychoanalysts of the British Psychoanalytical Society. Published books in Group Analysis. Editor of New International Library of Group Analysis, NILGA.



**Dieter Nitzgen** Group analyst, training group analyst and supervisor of the IGA/H Heidelberg and full member of the German Group Analytic Society (D3G). Member of the Management Committee of the Group Analytic Society (GAS). Past Foulkes Lecturer 2008. Member of the Association of Freudian Psychoanalysis (AFP). Head of the psychotherapy department of Rehaklinik Birkenbuck, a treatment centre of addictive disorders, and working in private practice as a group analyst, psychoanalyst and organisational consultant. Main clinical interests are in the psychodynamic understanding and treatment of the addictions and personality disorders, and the intergenerational transmission of trauma and trauma

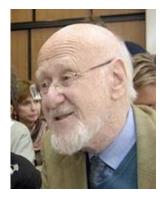
specific processes in individuals, groups and organisations. Various papers on Group Analysis and Psychoanalysis.



**Hanni Biran M.A.** group analyst, clinical psychologist, supervisor and training psychoanalyst. Born in Israel to a family of an Iranian origin. Married, two children and three grandchildren. Clinical psychologist and supervisor, training psychoanalyst in Tel-Aviv Institute of Contemporary Psychoanalysis. Group analyst in the Israeli Institute Of Group Analysis. Works in private practice, teaches at Tel-Aviv University, Bar-Ilan University and at TA Institute of Psychoanalysis, a member of PsychoActive. Published many papers on social unconscious processes, group dynamic, Social-Dreaming. Focused on W. R. Bion and elaborates on his concepts.



**Ivanka Dunjić** psychiatrist, training psychoanalyst and training group analyst from Belgrade. Member of Belgrade Psychoanalytic Society (IPA). Chair of Belgrade Society for Psychoanalytic Psychotherapy (EFPP), Chair of IGAB Training Committee. She works in private practice in Belgrade. She wrote several papers on psychoanalysis and group analysis.



Malcolm Pines Psychiatrist, psychoanalyst, group analyst

Former consultant psychotherapist at the TavistoK Clinic and the Maudsley Hospital, past President of the International Association of Group Psychotherapy, founder member of Institute of Group Analysis London, past President of the Group Analytic Society International, former editor of the Journal Group Analysis, former editor of the International Library of Group Analysis Jessica Kingsley Publishers London and Philadelphia.



Luca Mingarelli ideate, owner and CEO of TCs for adolescents Rosa dei ventipsychotherapist (ECP, WCP), associate president II Nodo Group Italy, Board member Mito&Realtà, Board member INTDC, OPUS' member, director of the GRC Learning from Action, ideator and director of other innovative GRC on the wellbeing in organizations, Staff member for the Italian and international GRC from 2007, the book: Dicofficoult teenager (2009)



**Tija Despotović** is a psychiatrist, psychoanalyst from Belgrade. Member of the Belgrade Psychoanalytic Society(International Psychoanalytical Association), training group analyst, President of Group Analytic Society Belgrade (EGATIN, EFPP). She is Director of Training in Individual Psychoanalytic Psychotherapy (Association of Psychoanalytic Psychotherapists of Serbia, European Federation of Psychoanalytic Psychotherapy). She works in private practice in Belgrade, Serbia and wrote many papers in field of individual and group psychotherapy.

Registration Fees in euro:	Before Mar 10 <sup>th</sup>	Before May 5 <sup>th</sup>	After May 5 <sup>th</sup>
Trainees GAS-Belgrade, student members GASi	160	190	230
GAS-Belgrade members Psycho-Social-Art members	190	230	270
GAS-international, IAGP ISPSO, OPUS members	230	260	310
Others ISPSO, OPUS members	270	290	350

# Lunch, coffee and refreshment included in fee

# Workshop Program

Day 1	Time	Group
Thursday, June 5th	14:00 – 15:00	Registration
	15:00 – 15:30	Opening Ceremony (Malcolm Pines, all staff)
	15:30 - 16.00	Presentation time 1 (Bob Hinshelwood, Marina Mojovic)
	16:00 - 17:00	Roundtable/Fish Bowl
	17:00 - 17:30	Coffee/refreshment
	17:30 – 19:00	Small groups 1
	19:00 – 19:15	Small break
	19:15 – 20:45	Large group - Earl Hopper
	20:45 – 21.15	A toast

Day 2	Time	Group
Friday June 6th	9:00 - 10:30	Small groups 2
	10.30 - 10:45	coffee
	10:45 - 11:25	Presentation time 2 (Dieter Nitzgen, Carla Penna)&discussion
	11:25 – 12:30	Round table/fishbowl
	12:30 - 13:30	Lunch
	13:30 - 15:00	Small group 3
	15:00 - 15:15	Small break
	15:15 - 16:45	Large group 2 – Earl Hopper
	17:00 - 17:15	Small break/ coffee
	17:15 – 18:45	Research-reflection group 1
	18.45	End of the Day 2

Day 3	Time	Group
Saturday, June 7th	9.00 - 10.30	Small group
	10.30-10.45	coffee
	10.45 -12.25	Presentation time 3 (Luca Mingarelli, Hanni Biran) & discussion
	12.25-12.45	Institutional Event
	12.45 - 13.45	lunch
	13.45 - 14.00	Inter-group Event Plenary
	14:00 - 13:15	Inter-group Event session 1
	13:15 – 13:30	coffee
	13:30 - 14:45	Inter-group Event session 2
	14:45 – 15:15	Coffee/refreshment
	15:15 – 16:45	Large group 3 – Earl Hopper
	16:45 – 17.00	Coffee/refreshment
	17:00 - 18:30	Research-reflection group 2
	18:30 - 19.45	Plenary

Day 4	Time	Group
Sunday,		
June 8th	9:00 - 10:30	Small group 5
	10:30 - 10:45	coffee
	10:45 - 12:15	Large group 4 - Earl Hopper
	12:15 –12:45	Coffee/sandwiches/fruit/cake
	12:45 - 14:00	Presentation time 3 (Earl Hopper) & discussion
	14:00 - 15:00	Research-reflection group 3
	15.00 - 15:30	Closing ceremony
	15.30	End of the day
	15:30 - 16:00	Coffee and good buy

All questions regarding registration, fees & payment and accommodation should be directed to office <u>psychosocialart@gmail.com</u> or to Marina Mojović <u>dr.marinamojovic@gmail.com</u> mob. +381 (0) 63 77 87 642

Venue: Consulting-Art doo. Belgrade, Banovo Brdo, 115 Petra Lekovića Street

Venue photos: <u>http://www.flickr.com/photos/belgrade-conference-june-2013/sets/72157633097384770/show/</u>

